

## CUTTING EDGE TREATMENT



New Pathways Clinic provides evidence-based solutions for mental health in accordance with the most recent science in the field. Our primary treatment of low-dose ketamine infusions is effective in relieving symptoms of Treatment Resistant Depression (TRD), PTSD, Bipolar Disorder, and Anxiety.

Treatments are always given or supervised by PMHNP FNP Nora Finnegan, a published researcher on ketamine infusions, formerly with the Cleveland Clinic. Our patients' evidence-based improvements are reported to you if requested.

We focus exclusively on the administration of IV Ketamine Infusions and Spravato in efforts to master the science of this unique treatment. We collaborate with the top experts in their respective fields to provide superior service for any needs that we do not address in-house. Leading psychiatrists, psychologists, pain specialists, and neurologists are just a few of the types of specialists we regularly work with. This ensures long-term relief while closely monitoring our patients' progress every step of the way.

**New Pathways Clinic** is located in the heart of the Greater Cleveland area, right off I-71 and directly across from Southwest General Hospital, to ensure easy access for the whole community. We offer a homey and relaxing environment for both our patients and their families.



### FIND US AT:



18660 Bagley Road Suite 101  
Middleburg Heights, OH 44130



**Phone:** (440) 973-8400  
**Fax:** (440) 201-6400



[www.newpathwaysclinic.com](http://www.newpathwaysclinic.com)



Offering Cutting Edge Solutions for  
Depression, PTSD, Bipolar Disorder,  
and Anxiety.

**An Adjunct To Your Care!**

[www.newpathwaysclinic.com](http://www.newpathwaysclinic.com)



Research shows that low doses of ketamine, administered intravenously, can rapidly relieve both depressive and other psychiatric symptoms.



Our protocol is built around the latest scientific research on ketamine as a treatment for Refractory Depression, PTSD, and Anxiety.



Our policies and protocols reflect the recommendations set forth by the American Psychiatric Association on the clinical use of ketamine.



With extensive screening protocols, a highly trained clinical team, and a state-of-the-art medical facility, New Pathways guarantees the safe and compassionate care of your patients.



## WHO WE ARE

New Pathways Clinic operates under a medical directorship of a Psychiatrist. Our treatments are always given or supervised by our Chief Nursing Officer Nora Finnegan, with 39 years of nursing experience and 10 years spent assessing, researching, and performing Ketamine infusions for the Cleveland Clinic.

New Pathways' vision is to create a mental health campus, whose mission is to restore hope to those for whom standard treatments – i.e., medication, therapy, etc. – have not been effective.

## Our services are an adjunct to your care!

### Referral Process

New Pathways Clinic accepts referrals from both healthcare providers and from patients themselves. Patients are required to complete an initial screening packet, as well as provide medical records from their primary health providers.

We maintain communication with you throughout the course of your patient's treatment, to ensure collaboration and continuity of care.

Contact us at (440) 973-8400 with your referral.

Access to our Provider Referral forms is also available on [www.newpathwaysclinic.com](http://www.newpathwaysclinic.com).

## HOW CAN WE HELP YOU AND YOUR CLIENTS?

- **Cost-effective** treatment
- **Rapid results** to get your patient back on their feet sooner
- **A calm, comfortable, and safe** environment
- **Clear communication** between you, your staff, and our clinic
- **Proven results** (up to an 80% success rate) in reduction of depression symptoms
- Potential **reduction** of substance use
- **Thorough** documentation
- **Evidence-based** practice
- Increasing the **quality of life** for your patients

